



1 Dream. 2 Riders. 122 Countries. ...1000's of Adventures

'In May 2003, Simon and Lisa Thomas left their UK home on their BMW motorbikes to embark on a journey around the globe. Their aim? To circumnavigate our planet, riding all seven continents, set 5 Guinness Endurance World Records, raise money for 3 charities and fulfill a lifelong dream.

To date, this husband and wife team have traveled 189,000 miles through 69 countries of their planned 122, from the most northerly and southerly points on earth possible by motorcycle. They have navigated their way through some of the World's most inhospitable regions whilst coping with the diversity of extreme weather climates. Experiencing subzero temperatures when they reached Nordkapp, Norway within the Arctic Circle, and 100,000 miles later when they reached Ushuaia on the southerly tip of South America.

'Highlights' include surviving severe water crisis in Africa, enduring several bouts of Malaria, and Simon suffering a near-fatal accident deep in the Amazon Rain Forest. He and his BMW R1100GS fell headlong from a rotting bridge.

After repairing his badly damaged motorcycle and riding the most painful and grueling 23-days of his life, Simon reached medical assistance and a surprising diagnosis. A broken and dislocated neck! Following emergency surgery Simon has gone onto a full recovery. These are just some of the challenges they have faced together and continue to overcome.

As their adventure continues the couple are using their project as a catalyst to raise urgently needed funds and awareness for 3 specific charitable organizations performing crucial work and in real need of support. Money raised via company donations and through their popular web site goes directly to World Water Aid, The British Heart Foundation and CancerBACUP, who all perform work which impacts lives directly in their own country and around the World.

Today (August 2010) their travels find them in Nepal exploring the vast Himalayas, soon to cross into the Far East, travelling from Thailand south en-route to Australia. Unlike others, Simon & Lisa are without financial sponsors, and have no back up crew, camera team and certainly don't have 4X4 backup vehicles in tow. Self sufficiency has become a way of life.

"This journey so far has presented to us, both boundless and unimaginable opportunities but also in equal measure dangers and pitfalls! Ultimately our base-plan is to make it round the World together whilst raising as much money as possible for our chosen charities and earning our-place in the Guinness Book of Records". Simon Thomas

For more information and press releases on Simon and Lisa's adventures please check their website at <http://www.2ridetheworld.com/press.html>

Many thanks
Simon & Lisa Thomas'

